## **Medical Clearance Notice**

under the Public Health (COVID-19 Self-Isolation) Order (No 4) 2021 [NSW]

Dear WHIELDON, Richard, 17-09-1977 of Roberta St, Tumbi Umbi, 2261,

As you have tested positive to COVID-19 you must self-isolate for 7 days from the day you were tested. Your isolation period is: 28-03-2022 to 03-04-2022.

Please read Testing Positive to COVID-19 Factsheet - https://www.nsw.gov.au/covid-19/management/advice-for-confirmed for health advice if you have symptoms at Day 7.

The SMS and/or Email can be used as evidence to show your employer that you have had COVID-19 and that you can be released from self-isolation on 04-04-2022 or use this Medical Clearance Notice.

Vaccination is strongly recommended to protect you from getting COVID-19 again, including a booster dose. For further information, see COVID-19 Vaccines: Your Questions Answered - https://www.nsw.gov.au/covid-19/vaccination/your-questions-answered.

Yours sincerely,

**NSW Health** 

DATE: 29-03-2022 00:22